



# Waldhof

DAS PREMIUM KINDERHOTEL

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**SUMMER 2025**

# Content

Important information	4
Packages for young & old	5
Cosmetics	6
Facials	7
For a wonderful look	9
Hair removal with hot wax	9
Pampering treatments for the hands & feet	10
Classic massages	11
Scrubs	13
Wraps	13
Wellness rituals to make you happy	14
For young connoisseurs	15





# Welcome

## TO OUR SPA FOR THE WHOLE FAMILY!

There's nothing nicer than being pampered to your heart's content, properly relaxing and enjoying the experience with all of your senses. Our **“Waldschlössl” spa** is the perfect place to do that.

Escape from the daily routine and simply let your body, mind and soul unwind.

Your well-being is very important to us, which is why we only use **high-quality natural products**.

Our **experienced “Waldschlössl” team** will help you choose your personal treatments and look forward to preparing your relaxation experience.





# Important information

We offer an **extensive range of services for the whole family** that are very popular. We therefore ask that you arrange your **appointments in a timely manner in the “Waldschlössl” itself or at reception.**

Our **“Waldschlössl”** is on the **1st floor** next to the tower lift. Alternatively, you can reach us on **extension 81** or reception on **extension 50.**

To ensure that we can adhere to the specific treatment times, please come to the appointment wearing a **bathrobe.**

We will invoice you 80% of the treatment costs for cancellations made less than 3 hours before the start of the treatment or if you fail to turn up for the appointment.

## Opening hours

**Mon. – Sat., 9:00 a.m. – 6:00 p.m.**

Appointments after 6:00 p.m. are possible upon request.

# Packages for young & old

## Hint of luxury

- Express facial
- Hot stones for the back approx. 1 hr 30 mins. € 124,-

## Specially for men

- Express facial
- Partial body massage approx. 1 hr 15 mins. € 108,-

## Mommy-to-be package

- Manicure
  - Pedicure
  - Deeply effective facial
- approx. 2 hrs 30 mins. € 199,-

## Father and son on tour\*

- 2 x short back massage
- 2 x short foot massage
- 2 x “it’s a men’s thing” cocktail 2 x 25 mins. € 83,-

## Pretty like Mommy\*

- 2 x face & head massage
- 2 x nail varnish (hands or feet)
- 2 x “diva” cocktail 2 x 25 mins. € 83,-

## Princess package (only for children)

- Children’s manicure + nail varnish
- Short facial with mask and massage
- Wonderful children’s massage for the whole body with warm oil and your choice of scents
- 1 x “princess” cocktail approx. 1 hr 30 mins. € 104,-

You can spread all of the treatments in these packages across several days during your stay.

\*Enjoy time together – all the treatments take place in the same room either after each other or, subject to availability, at the same time.



# Cosmetics

Based on your **skin's needs and scientific insights**, the manual **TEAM DR. JOSEPH** treatment method penetrates the tissue.

The **skin's metabolism is brought into balance** in line with the natural functional laws: calming the nervous system, relaxing facial expressions, harmonising the steady state and normalising the micro-circulation with the aim of maintaining your overall skin sensation, the health of your skin and your unrivalled sense of beauty.

Experience your **individual beauty care** based on the **TEAM DR JOSEPH** method: pureness. recreation. protection.

- Tangible immediate effect
- High-tech natural cosmetics
- Holistic treatment in another dimension
- Sustainable and respectful interaction with nature
- Organically certified cosmetics
- Light, non-greasy, quickly absorbed textures



# Facials

Facial with highly **effective active ingredients** that are **individually tailored** to your skin type. They can help to combat a lack of moisture, dryness, sensitivity or impurities. For silky smooth, glowing skin.

## Intense express cleansing facial

The main focus of this facial is on deeply cleansing your skin. Skin is cleansed right down to the pores with selective active ingredients. Blockages are gently released and sebum production is normalised. The treatment ritual is completed with a toning face wrap and a peel-off mask for optimum moisture supply. For a visibly fresh, clean and even complexion.

50 mins. € 84,-

## Highly effective special facial

A wonderfully natural treatment specially tailored to the needs of your skin with immediate results and a deeply relaxing pampering programme based on the TEAM DR JOSEPH method: skin diagnosis, eyebrow shaping, a

lymph-stimulating massage, herbal steam compresses, exfoliation, deep cleansing with cupping glasses, special serum, modulated face massage, intensive mask and an individual day cream. With highly effective, natural active ingredients for healthy and intensely moisturised skin.

80 mins. € 127,-

## Intensive treatment with biodynamic lifting

The holistic programme based on the TEAM DR JOSEPH method: intensive biodynamic lifting massage to meet the needs of your skin. Enjoy a truly unique beauty treatment with skin diagnosis, eyebrow shaping, a lymph-stimulating massage, herbal steam compresses, exfoliation, deep cleansing with cupping glasses, special serum, bioenergetic flower pistil lifting massage, intensive mask and an individual day cream and stabilisation. High-tech nature for a lasting effect, immediate results and maximum impact.

110 mins. € 152,-



## Face massage

Heavenly relaxing massage for the face, neck, décolleté, head and neck.

25 mins.

€ 43,-

## For him...

Male skin has a different structure from female skin and men need special care that is tailored to their needs.

Our natural line of products meets all of these needs.

The main focus is on rehydration and sebum regulation, as well as firming and revitalising the skin. Natural and quickly absorbed without leaving a greasy layer.

## Express power lifting for men

TEAM DR JOSEPH for him. Powerful, natural, highly effective: skin diagnosis, a lymph-stimulating massage, herbal steam compresses, exfoliation, deep cleansing, special serum, intensive mask with a face massage and an individual day cream. Natural high-tech power for a strong and well-maintained glow.

50 mins.

€ 82,-





## For a wonderful look

### Anti-aging eye treatment

This stimulating special treatment immediately reduces swellings and dark rings and smooths wrinkles. The effective ingredient complexes revive the eye area and make it shine.

approx. 25 mins. € 48,-

### Eyebrow shaping

Waxing or plucking € 12,-

### Eyebrow tinting

incl. shaping € 18,-

### Eyelash tinting

€ 21,-

### Eyebrow & eyelash tinting

incl. shaping € 33,-

## Hair removal with warm wax

Leg to knee € 33,-

Whole leg € 58,-

Armpits € 20,-

Upper lip € 14,-

Chin € 14,-

Back or stomach/chest € 33,-



## Pampering treatments for hands & feet

Pedicure	approx. 45 mins. € 60,-
Pedicure with nail varnish	approx. 50 mins. € 68,-
Rough skin removal	approx. 25 mins. € 36,-
Manicure	approx. 45 mins. € 50,-
Manicure with nail varnish	approx. 50 mins. € 58,-
Hand or foot scrub	approx. 10 mins. € 16,-
Hand or foot wrap	approx. 15 mins. € 21,-
Hand or foot massage	approx. 15 mins. € 21,-
Combination	
Scrub, wrap, massage	approx. 25 mins. € 39,-
Varnish nails	€ 12,-



## Classic massages

### Partial body massage

Intense back or leg massage

25 mins. € 44,-

### Full-body massage

Individually tailored back, neck, stomach, chest, leg and arm massage

50 mins. € 71,-

### Head and neck massage

Back massage with a more intense treatment of the neck and head

25 mins. € 44,-

### Aromatic oil massage

Relaxation for the body with warm oil and your choice of fragrances.

Back or legs 25 mins. € 48,-

Full body 50 mins. € 76,-

### Tyrolean stone oil massage

The cooling stone tonic and the stone oil release tensions and stimulate circulation. A feeling of fitness and relaxation is created in the overloaded locomotor system.

Back or legs 25 mins. € 48,-

Full body 50 mins. € 76,-



## MASSAGES



### Cellulite massage

An individual dry massage with a specially developed glove invigorates the tissue. An activating massage firms the tissue.

25 mins. € 48,-

### Enjoy-Massage

Treat yourself with 80 minutes of pure relaxation! Various massage techniques are combined individually according to your wishes.

80 mins. € 112,-

### Hot stone massage

The hot lava stones and warm oil with the sensual scent of vanilla align the body, mind and soul. The metabolism is stimulated and muscular tensions are pleasantly relieved. A pleasant warmth runs throughout the body.

Back 40 mins. € 62,-

Full body 80 mins. € 112,-





## Scrubs

We recommend a full-body scrub before a body wrap. Removing excess skin cells makes the skin more absorptive and the wrap can unfold its full potential.

### Sea salt scrub

Applying the exfoliating scrub with gentle massage strokes refines the skin and improves the micro-circulation. Stimulating exfoliation to promote the metabolism.

25 mins. € 42,-

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### Intense softness – Full-body aromatic salt scrub

This full-body exfoliation with aromatic massage oil and Dead Sea salt supports skin regeneration, promotes tissue metabolism and leaves your skin feeling silky smooth. For an intensely fresh feeling.

25 mins. € 45,-

## Wraps

### Algae wrap

Fresh algae in their purest form can help to reduce water retention and padding in a targeted manner. Regenerates your body and stimulates circulation and cell metabolism.

25 mins. € 51,-

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### Peat wrap

Anti-inflammatory, pain-alleviating, antispasmodic and circulation-promoting Leopoldskron moss regenerates the joints. The peat can be used cold to alleviate swellings and acute sports injuries or warm for muscle tension.

25 mins. € 51,-

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### Moisturising wrap

Sweet temptation for extra moisture – with apple and rosehip. The apple extract is rich in vitamins, minerals, pectins and waxes – the ideal components for taking care of demanding skin. Together with precious rosehip, they promote your skin's well-being and reduce moisture loss. Your skin looks smoother and firmer.

25 mins. € 51,-

## WELLNESS RITUALS

### Wellness rituals to make you happy

#### Ear candle treatment

Ear candles date back to the centuries' old culture of the Hopi Indians. Treat yourself to lasting deep relaxation with the magic scent of honey, sage and camomile. The flickering of the flame and the heat can improve problems such as blocked ears and sinuses, poor nasal breathing, weak sense of smell, headaches, poor hearing, tinnitus and many more.

with face massage

25 mins.

€ 45,-

50 mins.

€ 76,-



## For young connoisseurs

### Star massage

Wonderful full body massage for our young "stars" with warm oil and various fragrances.

25 mins. € 37,-

### Chocolate massage

A sensual and blissful chocolate massage. You can also try eating it.

25 mins. € 39,-

### Fairy-tale massage

A fairy-tale massage with warm vanilla oil and mountain crystals.

25 mins. € 37,-

### Elves' dream

Short facial with face mask and subsequent face massage.

25 mins. € 42,-

### Teenager facial (up to 17 years)

Special treatment with cleansing, exfoliation, steam bath, intensive final cleanse, massage and mask as well as a consultation – "How do I cleanse my face?"

40 mins. € 60,-

### Children's manicure

Pampering hand bath, nail care, hand massage

without nail varnish 25 mins. € 30,-

with nail varnish 25 mins. € 32,-

### Children's pedicure

Pampering foot bath, nail care, foot massage

without nail varnish 25 mins. € 30,-

with nail varnish 25 mins. € 32,-





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